

TMJ EXAM

PATIENT NAME: _____

DATE: _____

HEADACHES AND HEAD

LOCATION: TEMPORAL POSTERIOR CERVICAL ORBITAL FRONTAL
 OTHER: _____

FREQUENCY: DAILY ___ DAYS PER WEEK NEGATIVE

DESCRIPTION _____

TMJ PAIN SYMPTOMS:

FREQUENCY:

DAILY
 ___ DAYS/WEEK
 CONSTANT

TRIGGERING DEVICES:

INTERMITTENT

 EATING

 SPEAKING

TMJ NOISE:

NEGATIVE

OPENING WIDE

MUSCLE EXAMINATION

				PAIN		SENSITIVITY
TEMPORAL	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
MASSETER	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
MEDIAL PTERYGOID	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
<input type="checkbox"/>						
LATERAL PTERYGOID	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
STERNOCLEIDOMASTOID	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
TRAPEZIUS	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
POSTERIOR CERVICALS	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>
OTHER: _____	<input type="checkbox"/> RIGHT	<input type="checkbox"/> LEFT	<input type="checkbox"/> BOTH	<input type="checkbox"/>		<input type="checkbox"/>

TRIGGER

TRIGGER POINTS WERE DETECTED UPON PALPATION OF THE FOLLOWING MUSCULATURE

<input type="checkbox"/> TEMPORAL	<input type="checkbox"/> MASSETER
<input type="checkbox"/> MEDIAL PTERYGOID	<input type="checkbox"/> LATERAL PTERYGOID
<input type="checkbox"/> TRAPEZIUS	<input type="checkbox"/> POSTERIOR CERVICAL
<input type="checkbox"/> STERNOCLEIDOMASTOID	