

# Patient Health Assessment: Personal Information

Chiropractic Care of Bedminster  
Nick Mavrostomos, D.C.  
1430 U.S. Hwy 206 North, Suite 260  
Bedminster, NJ 07921  
(908) 234-2317

## General Information

Patient Name: Last \_\_\_\_\_ First \_\_\_\_\_ Date: \_\_\_\_\_

Primary Care Physician's Name: \_\_\_\_\_

Primary Care Physician's town / telephone #: \_\_\_\_\_

Patient Sex: M F Marital Status: Married, Divorced, \_\_\_\_\_ Single

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Race: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Patient Address: \_\_\_\_\_ City/State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Referred to our office by: \_\_\_\_\_

Patient Employer/Patient Occupation: \_\_\_\_\_

Emergency Contact and Phone Number: \_\_\_\_\_

Are you the Primary person insured? If not please fill this out

Subscriber Name: \_\_\_\_\_ Subscriber Date of Birth: \_\_\_\_\_

Relation to Patient: \_\_\_\_\_ Subscriber Employer: \_\_\_\_\_

Subscriber Social Security #: \_\_\_\_\_

**Complaint History Chiropractic Care of Bedminster, P.C. 1430 U.S. Hwy 206 N Suite 260 Bedminster, NJ 07921**

Name \_\_\_\_\_

1. Describe your current complaint: \_\_\_\_\_

**What were you doing when you got hurt?**

Date of Onset: \_\_\_\_\_

**THIS IS IMPORTANT PLEASE BE SPECIFIC AND COMPLETE**

2. How would you describe pain?

Sharp	Soreness	Throbbing	Tingling	Dull	Stiffness
Spasm	Burning	Ache	Weakness	Numbness	Shooting

3. How would you rate the intensity of your pain today? (Circle the appropriate number)

0	1	2	3	4	5	6	7	8	9	10
(no pain)			(moderate pain)				(terrible/unbearable pain)			

4. How often is the pain present?

Constant (81-100%)	Frequent (51-80%)	Occasional (26-50%)	Intermittent (25% or less)
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5. Since your problem began, is the pain:

Getting Worse	Getting Better	Staying the Same
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6. How did your problem begin?

An auto accident	Work related accident	Other type of accident
Gradual	Sudden	No specific reason

Explain: \_\_\_\_\_

7. What makes your problem better?

Nothing	Walking	Standing	Sitting	Moving around/exercise	Lying down	Inactivity
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8. What makes your problem worse?

Nothing	Walking	Standing	Sitting	Moving around/exercise	Lying down	Inactivity
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9. Are you currently taking medications?

Yes                      No

*If yes, please describe*

10. Were you previously treated for an earlier occurrence of this same condition?

Yes                      No

*If yes, by whom?*                      MD                      Chiropractor                      Physical therapist                      Other

What were the approximate dates, type of treatment and the results?

11. What is your physical activity at work?      Student \_\_\_\_\_

Mostly sitting	Light manual labor	Moderate manual labor	Heavy manual labor
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12. Do you exercise?

No regular exercise	1-2 times a week	3-4 times a week	5-7 times a week
Cardiovascular	Stretching	Weight Machine	Free Weights
Sports		(type)	

13. What is your present general stress level?

No stress	Minimal stress	Moderate stress	Greatly stressed
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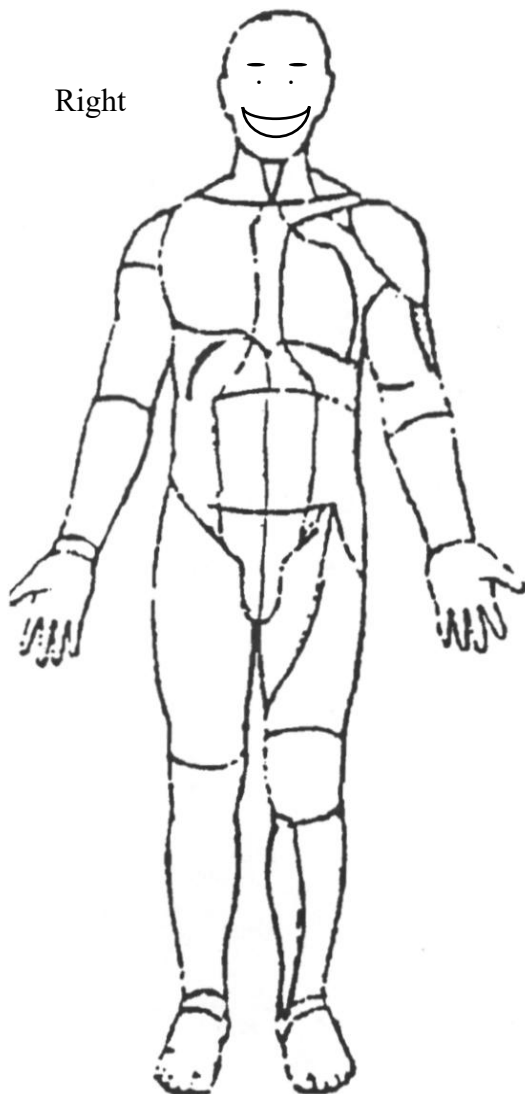
14. Is your problem affecting your ability to work or do other routine daily activities?      Circle one

No effect	Have some limited physical restrictions, but can function
Need some assistance with daily activities	Cannot work
Cannot function without assistance	Totally disabled

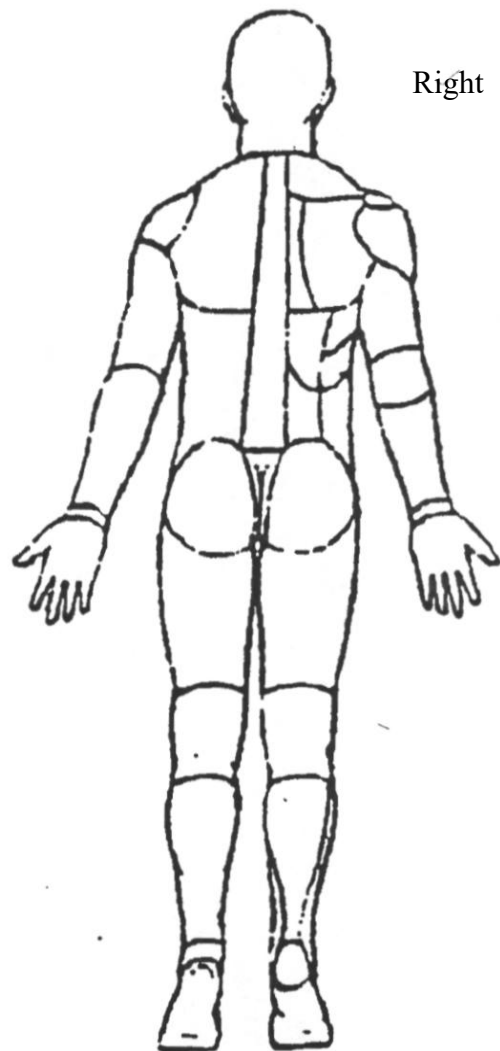
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Please shade in figures below where you have pain or other symptoms

Right



Right



## Past or Present Symptoms, Conditions or Habits

Below is a listing of symptoms, conditions or habits. Please check the box indicating whether this applies to past or present.

<b>Symptom</b>	<b>Past</b>	<b>Present</b>	<b>Symptom</b>	<b>Past</b>	<b>Present</b>
Neck pain	___	___	High Blood Pressure	___	___
Sciatic pain	___	___	Heart condition	___	___
Shoulder pain	___	___	Respiratory condition	___	___
Arm/elbow pain	___	___	Digestive problems	___	___
Hand pain	___	___	Kidney/Bladder	___	___
Upper back pain	___	___	Menstrual problems	___	___
Lower back pain	___	___	Breast soreness/lump	___	___
Pain in upper leg or hip	___	___	Sinus conditions	___	___
Pain in lower leg or knee	___	___	Prostate condition	___	___
Pain in ankle or foot	___	___	Cancer	___	___
Jaw pain	___	___	Stroke	___	___
Swelling/stiffness of joints	___	___	Excessive weight loss/gain	___	___
Headaches	___	___	Skin condition	___	___
Dizziness	___	___	Arthritis	___	___
Fainting spells	___	___	Diabetes	___	___
Convulsions	___	___	<b>Allergies/Asthma</b>	___	___
General prolonged fatigue	___	___			
Condition of uterus/ovaries	___	___			

Allergies: \_\_\_\_\_

Comments: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Tobacco use: \_\_\_ Never \_\_\_ Past \_\_\_ Present  
 Alcohol use: \_\_\_ Never \_\_\_ Past \_\_\_ Present \_\_\_ Occasional \_\_\_ Moderate \_\_\_ Heavy  
 Caffeine use: \_\_\_ Never \_\_\_ Past \_\_\_ Present \_\_\_ Occasional \_\_\_ Moderate \_\_\_ Heavy  
 Pregnancy: \_\_\_ Never \_\_\_ Past \_\_\_ Present

Surgical Procedure(s): Please list with dates \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

## Chiropractic Care of Bedminster

1430 U.S. Hwy 206 North, Suite 260

Bedminster, NJ 07921

Telephone (908) 234-2317

Fax (908) 234-0975

*Nick Mavrostomos, D.C.*

Full payment is due for all office visits on the day of the visit. Our office participates with numerous HMO/PPO CARRIERS. If you are a member of one of these plans you are responsible for obtaining either a written referral authorization number prior to your visit or your visit will be on an out of network fee schedule until one is obtained. If you have a deductible, you will be billed when we get the Explanation of Benefits from your plan. Your balance is due within one (1) month of the notice from the insurer.

All co-payments must be made at the time of service. This is to be paid when you sign in. This facilitates your check out when leaving the office. If you do not pay your deductible or co-payment we are required to tell the insurer of your refusal. This may result in cancellation of your insurance coverage.

Management of personal medical insurance coverage is ultimately the patient's responsibility. Our staff is available to assist you, but not responsible for knowledge of each patient's individual plan requirements. Please refer to your health plan member services of benefit handbook to verify coverage and confirm eligibility.

Insurance companies do not pay for maintenance care. A patient is considered to be receiving maintenance care when he/she has reached maximum medical improvement and is still receiving treatment. If the treating chiropractor or your insurance company determine that your care has reached maintenance status you will be responsible for services rendered at prevailing office rates.

It should be understood that some fees may not be reimbursed fully or that at some point your insurance company may cease payment of services. You will be financially responsible for any balances due as a result of such action by your insurance company.

If my current policy prohibits direct payment to doctor, I hereby also instruct and direct my insurance company to make out the check to the office and mail it as follows: 1430 U.S. Hwy 206 North, Suite 260, Bedminster, New Jersey 07921, for the professional or medical expense benefits allowable, and otherwise payable to me under my current insurance policy as payment toward the total charges for the professional services rendered. This is a direct assignment of my rights and benefits under this policy. This payment will not exceed my indebtedness to the above-mentioned assignee, and I have agreed to pay, in a current manner, any balance of said professional service charges over and above this insurance payment.

*Verification of benefits by our office does not guarantee payment by your health insurance company for services or durable medical equipment, please always be aware your contractual agreement.*

*Patients Signature:* \_\_\_\_\_ *Date:* \_\_\_\_\_



# Chiropractic Care of *Bedminster*

Dr. Nick Mavrostromos, D.C.  
1430 U.S. Hwy 206 North, Suite 260  
Bedminster, NJ 07921  
(908) 243-2317



## HIPAA COMPLIANCE PATIENT CONSENT FORM

Our notice of Privacy Practice provides information about how we may use or disclose protected health information.

The notice contains a patient's rights section describing your rights under the law. You ascertain that by your signature that you have reviewed our notice before signing this consent.

The terms of notice may change, if so, you will be notified at your next visit to update your signature/date.

You have the right to restrict how your protected health information is used and disclosed for treatment, payment or healthcare operations. We are not required to agree with this restriction, but if we do, we shall honor this agreement. The HIPAA (Health Insurance portability and Accountability Act of 1966) law allows for the use of the information for treatment, payment, or healthcare operations.

By signing this form, you consent to our use and disclosure of your protected healthcare information and potentially anonymous usage in a publication. You have the right to revoke this consent in writing, signed by you. However, such a revocation will not be retroactive.

By signing this form, I understand that:

- Protected health information may be disclosed or used for treatment, payment, or healthcare operations.
- The practice reserves the right to change the privacy policy as allowed by law.
- The patient has the right to restrict the use of the information but the practice does not have to agree to those restrictions.
- The patient has the right to revoke this consent in writing at any time and all full disclosures will then cease.
- The practice may condition receipt of treatment upon execution of this consent.

May we phone, email, or send a text to you to confirm appointments?	YES	NO
May we leave a message on your answering machine at home or on your cell phone?	YES	NO
May we discuss your medical condition with any member of your family?	YES	NO

If YES, please name the members allowed: \_\_\_\_\_

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(Print Patient Name)

(Patient Sign)

(Date)

Initials: \_\_\_\_\_



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**Authorization for Release of Medical Records**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ DOB: \_\_\_\_\_

I hereby authorize **Chiropractic Care of Bedminster** and it's associated to release or request from other Doctors or Hospitals, any and all information which they possess or require relating to my examinations and illness, which may be part of the medical record, including psychiatric/psychological, alcohol, drug abuse, AIDS, ARC, or HIV related diagnosis, treatments and rehabilitation for the following period:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

PHYSICIAN, HOSPITAL, AGENCY

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Information is being released or requested for the following reasons (circle answer):

- A) To a Physician for continued medical care
- B) Insurance
- C) Attorney
- D) Other: \_\_\_\_\_

**Signature of patient or other legal representative:**

**Witness Signature:**

\_\_\_\_\_

\_\_\_\_\_

**Date:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Initials: \_\_\_\_\_



Dr. Nick Mavrostromos, D.C.  
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Dear Patient,

RE: Medical Form Fee Notice

Policy: Policy regarding the processing of medical forms.

We strive to provide you with the highest quality of care and service. Part of our commitment to your well-being includes maintaining accurate medical records and providing various forms and documents as needed for your personal or professional requirements.

We have implemented a nominal fee of \$15.00 for the processing and provision of medical forms, including but not limited to:

Medical Records Requests  
Disability Claim Forms  
School or Camp Health Forms  
FMLA (Family Medical Leave Act)

This fee is designed to cover administration costs associated with the retrieval, preparation, and delivery of these forms. Please note that this fee is not covered by insurance and is the responsibility of the patient or the requesting party.

Payment for the form fee can be made in the following ways:

In person at our front desk during your visit or form pick-up

Thank you for understanding.

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Signature

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Date





Chiropractic Care  
of *Bedminster*



1430 Hwy 206 North Suite 260  
Bedminster, New Jersey 07921  
www.NJchiropractor.com  
Dr.nickm@njchiropractor.com

Phone: (908) 234-0975  
Fax: (908) 234-0975

Due to an increase in patients arriving significantly late and cancelling without prior notice, a new office policy is in effect. If you arrive 15 minutes past your appointment time and cannot be seen without the disruption of other patients or if you do not cancel within 24 hours prior to your appointment, a twenty-five (\$25) no show fee will be placed on your account. The money collected will be given to St. Basil as a quarterly donation.

The credit card information collected below will only be used for missed appointments, and not for your copay or co-insurance balances unless requested by you.

Thank you,

Nick Mavrostomos, D.C, CKTP

Saint Basil Academy  
79 Saint Basil Road  
Garrison, NY 10524

### Credit Card Authorization Form

Please complete all fields. You may cancel this authorization at any time by contacting us. This authorization will remain in effect until it is cancelled.

Card Type:  Mastercard  Visa  Discover  Amex  
Other: \_\_\_\_\_

Cardholder name (as shown on the card): \_\_\_\_\_

Card Number: \_\_\_\_\_

Expiration Date ( mm/yy): \_\_\_\_\_

Cardholder Zip (from Credit card billing address): \_\_\_\_\_

I, authorize Chiropractic Care of Bedminster, P.C. To charge the credit card listed above for the agreed upon purchases. I understand that my information will be saved to file for future transactions on my account.

I \_\_\_\_\_, understand by not giving my credit card information, I am still responsible for the no-show fee.

Name (print): \_\_\_\_\_ Name (sign): \_\_\_\_\_ Date: \_\_\_\_\_