

Chiropractic Care of Bedminster, P.C.
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TMJ Exam

Headaches and Head

Location: Temporal ___ Posterior cervical ___ Orbital ___ Frontal ___

Other ___

Frequency: Daily ___ Days Per Week ___ Other ___

Description _____

TMJ Pain Symptoms

Daily ___ Days Per Week ___ Constant ___ Intermittent ___

Triggering Devices and Symptoms:

Eating ___ Speaking ___ Opening mouth ___ Clicking ___ Getting Stuck ___

Limited due to pain ___ Opening in mm _____

Muscle Examination:

Temporal Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Masseter Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Medial Pterygoid Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Lateral Pterygoid Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Sternocleidomastoid Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Trapezius Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Posterior Cervicals Right ___ Left ___ Both ___ Pain ___ Sensitivity ___

Other: _____

Trigger:

Trigger Points Detected in the following muscles:

Temporal ___ Medial Pterygoid ___ Lateral Pterygoid ___ Masseter ___ Trapezius ___

Sternocleidomastoid ___ Posterior Cervical Paraspinals ___ Headache ___ Stress ___